You Talked; We Listened!

Information gathered from 264 Engagement and Communication Survey respondents was reported to the forty people who attended the June 20 Communication Forum. After learning the survey results, attendees participated in small group discussions to prioritize recommendations in five major communication focused areas— the Web Site, Social Media, Worship, Signage, and the Communicator in addition to discussing a wide-range of recommendations that fell outside of these key topics. The lively discussions produced vital input that will form the foundation of an executable communication plan to meet the mission and vision of HIS church. Thank you!

Please plan to attend the next Communications Forum on Wednesday, July 22 at 7 p.m. in Room 26, the Library. Attendees will provide input to the proposed Communication Plan that the committee is drafting based on the survey and forum results. The goal is to have an actionable plan in place by the end of August.

Please direct any questions to Nancy Boriack nancy.boriack@poplc.org 703-201-4473

Rev. Carl Gnewuch, Senior Pastor

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Thank You for Donating Personal Care Kits for Nepal Earthquake Victims

Thank you to everyone who donated personal care kits and/or care kit items to help those affected by the tragic earthquakes in Nepal. **A total of 140 Personal Care Kits were collected** and assembled thanks to your generosity! These kits will help to meet the basic personal hygiene needs of some of the millions of people who were displaced by these natural disasters and have virtually lost everything. Although a simple gift, a personal care kit can give someone the hope and encouragement to start anew knowing that they have not been forsaken by the world. Each kit contains a towel, bars of soap, a toothbrush, a comb and a nail clipper. Toothpaste will be added to the kits prior to their delivery overseas.

At each of the worship services this weekend, Pastor Carl will provide a blessing of the personal care kits before they are delivered to Lutheran World Relief (LWR) next month. LWR will ship the kits overseas and deliver them to those in need.

A big thank you to Sue Caputo for all of her help in assembling and completing the care kits and for delivering them to LWR! Thanks again to those who participated in this important service project. You have helped us share God’s grace and love with the Nepalese people by providing the simple comfort of a Personal Care Kit.  

**God’s Love Displayed Through Prayer Walk**

Twelve women gathered in the early morning last Saturday, June 20th, for a Spirit-led walk to pray for the neighbors and businesses surrounding Prince of Peace. Prayer requests were solicited prior to the walk and integrated into the morning prayers. DCE Stacey Crosson gave an inspirational message prior to the walk and the women divided into teams of two to walk and pray along a specific route. Erika Radke planned the routes using the iNeighborhood mapping system – an initiative of the Southeastern District of the LCMS designed to make community outreach events to our neighbors more effective and user-friendly. Erika and Lori Stillman had decided on six routes for two people each and God provided the exact number of prayer walkers to complete the task!

Prayer walkers were instructed to watch and listen for God’s presence throughout the one-hour walk and pray for the households and businesses they passed. The event concluded in the prayer chapel at Prince of Peace where the prayer walkers completed their prayers for the community and shared their experiences.

Thank you to those women who participated and helped to plan this meaningful and spiritual event. We are eagerly awaiting God’s actions within the community in response to our prayers. Future prayer walks are being planned to include our men’s ministry so please watch the Communicator for further information.

We hope you will join us next time!

Lori Stillman and Stacey Crosson  
703-451-5855  
lori.stillman@poplc.org  
stacey.crosson@poplc.org
Join us for Summer Adult Education Classes!

See Through the Scriptures
A survey course of the Biblical narrative. Offered on Sunday Mornings, 9:45-10:45 a.m. (meeting in the fellowship hall) and on Wednesday mornings, 9:30-10:30 a.m. (meeting in the library).

Acts of the Apostles
A study of the early church's growth despite opposition from the surrounding culture. How different is that today? Offered on Sunday Mornings, 9:45-10:45 a.m. (meeting in room 30).

There are also a variety of small groups who meet during the week for Bible study and fellowship. Please contact the church office if you'd like to start or join a small group!

DCE Stacey Crosson, 703-451-5855
stacey.crosson@poplc.org

20s and 30s Adult Group
Sunday, July 19, 12:30-4:30pm
8020 Greeley Blvd, Springfield, VA 22152
All adults in their 20s and 30s are invited to join us for an afternoon of fun! Jeff Crosson will start the afternoon with a cooking demonstration of a delicious, fresh, and fast meal in 15 minutes or less and then we'll dine on his creation! He will also provide tips for cooking for one or a household of 2-4.

The remaining part of the afternoon will focus on creating program and ministry plans for this age group for the coming year. The group is open to all adults ranging in their 20s and 30s. This is an adult only event. Please RSVP to me and bring a beverage to share!

kate.bitely@gmail.com, 703-300-2576

Living Healthy, Loving Fully: Time to Be Well: Time to Sleep!

I was talking to a friend this week who was creating some personal goals for the upcoming year and I was impressed when he shared that he was making a goal to add more hours of sleep into his week.

Have you ever made such a goal? I encourage you to because my friend is on to something. Insufficient sleep is linked to serious health problems, such as heart disease, high blood pressure, stroke and diabetes. Experts tell us that lack of sleep slows reaction time as much as driving drunk. In fact, the National Highway Traffic Safety Administration estimates that fatigue is a cause in 100,000 auto crashes and 1,550 crash-related deaths a year in the U.S. and the problem is greatest among people under 25 years old. Adequate sleep is also critical to memory and cognitive processes. In other words, lack of sleep dumbs a person down! It also kills the sex drive, contributes to depression, leads to lackluster skin, and can make you gain weight. My own experience working with couples has taught me that when couples make a commitment to get more sleep, their relationship and communication improve greatly.

The National Heart, Lung and Blood Institute recommends: Newborns, 16-18 hrs of sleep; preschool aged, 11-12 hrs; school-aged children, at least 10hrs; teens, 9-10 hrs and adults, 7-8 hrs. How many hours of sleep are you getting? It’s time to be well! It’s time to get more sleep! “In peace I will lie down and sleep, for you alone, Lord, make me dwell in safety.” Psalm 4:8

For more information on the healing power of sleep, scan this QR code or visit

http://www.webmd.com/sleep-disorders/sleep-benefits-10/default.htm

stacey.crosson@poplc.org, 703-41-5855
Youth Ministry

SUMMER SUNDAY SCHOOL:
Jr. and Sr. High will meet together in the Youth Room. Rising 7th graders are welcome to join this group.

TEEN GROUPS:
In God’s Eyes – Teen Girl Bible Study
Sundays – June 7 thru Aug. 9 – 9:45 a.m.
Upstairs in the LIBRARY. Please note room change. This will be our permanent meeting place! This is a summer study for rising freshman to recently graduated seniors. We will be looking at who we are and what our purpose is in God’s eyes.

Living Water (Teen Praise Band)
Rehearsal Wednesdays, 6pm

Wednesday Night Bible Study
Senior High Youth are invited to join us for Bible Study on Wednesdays, 7-9pm at Prince of Peace

Youth Small Group
Tue. evenings; Contact Rob Urps (bubbaurps@yahoo.com)

Summer WAVES Nights – Tuesdays from 7 to 8:30 p.m. starting June 30.
WAVES Nights are evenings of Fellowship and Devotion for 7th and 8th graders in the youth room.

FOR MORE INFORMATION: Josh.rusnak@poplc.org

Farewell Party for Josh Rusnak
Saturday, July 25, 6:30 p.m.
Please mark your calendars for July 25 and join us in celebrating Josh and his ministry at Prince of Peace.

We will celebrate with a BBQ at the church starting at 6:30 p.m. on July 25. There will be tons of great food, games and music and even a chance to dunk Josh in the dunk tank!

Burgers, hot dogs and drinks will be provided. Please sign up to bring a dessert or side dish to share. You can RSVP and sign up online at Signup Genius by clicking: SignUpJoshFarewell or on the sign up sheets in the Narthex.

Volunteers are also needed to help with set up, grilling, food, tables and clean up. If you can help in any of these areas, please sign up using the Signup Genius link.

joen.schultz@poplc.org, 703-232-6453

Help Decorate for Vacation Bible School

Sunday, July 12

Come and help us decorate for CAMP DISCOVERY on Sunday, July 12th. Please sign up on the sign up genius: SignUpVBSDecorate

Nancy DeLory
703-451-5855
Summer Sunday School Volunteers

Do you have one hour to spare this summer? Please consider serving our youth on one Sunday morning by volunteering to be a helper at Summer Sunday School! There are lots of opportunities to help out - be a group leader, volunteer to lead a group game or help out in the craft room. All materials and supplies are provided so all you need to do is show up and have an hour of fun sharing God's love with our youth.

You can check out all of the openings and Sign up by clicking: SummerSundaySchoolSignup

joen.schultz@popl.org
703-451-5835

Summer Volunteer Tutor Needed

A family is looking for a summer tutor for their 4th grade child who has developmental delays this summer in the subjects of math and reading. This would be a volunteer position with dates/times worked out directly with the family for no more than four hours per week. All interested high school and college age students or adults, male and female, are invited to contact DCE Stacey Crosson, Minister of Care and Outreach.

stacey.crosson@popl.org, 571-326-5580,

College Educational Need: Student Looking for Vehicle Donation

For those of you at the 11AM Graduate Blessing Service, you may have noticed that we stood as acting “parents” for Robert E. Lee graduate Jeydi Erazo Henriquez. Jeydi has been active in our Youth Program for the past two years, and when she needed a home for her Senior Year at Lee, we responded to that request from POP. Without going in to many details, for many reasons her best opportunity for getting a college degree will be by participating in the Pathway to the Baccalaureate Program at NOVA. She has applied for the scholarships available to the program, but will not learn the results until sometime in July. The key issue for her besides NOVA tuition and fees is that it is not practical to take public transportation from our home to NOVA. We would appreciate any leads on the possible donation or use of a vehicle for her beginning in mid-August, or other opportunities for financial assistance. Please give us a call for questions, leads or suggestions!

Thanks,
Bill & Eileen Douglas
703-644-6328, rwmdouglas@verizon.net
Baby Massage Training/Certification

Infant Massage classes have been held periodically at Prince of Peace since 1999. The new Sensational Baby Infant Massage Class from Infant Massage USA® provides additional information to support adults as they transition into their new role and responsibilities of parenting. Parents come together to discuss topics important to them as well as learn massage techniques that help their baby relax, relieve common discomforts of gas, constipation, colic, and stimulate healthy emotional and physical development. Parents also benefit as they touch and massage their baby and become more relaxed and feel more connected with their baby.

As we support the parent/baby bond and healthy family relationship, our community and society benefit. Proverbs 22:6 tells us, “Train up a child in the way he should go: and when he is old, he will not depart from it.”

We want to expand our outreach to offer more Sensational Baby classes. We are looking for members of Prince of Peace who would be interested in being involved. There are no prerequisites or specific experience needed, just a desire to work with parents and babies. To learn to teach the Sensational Baby classes you would need to attend a 4-day training to be certified. We would then support you as you begin providing parent/baby classes.

Please contact Linda for more information:
Linda Storm, CEIM, LAIMT, IPMHC
Infant Massage USA
www.infantmassagusa.org
571-241-1075
ECHO News
Ecumenical Community Helping Others

Passing of Rev. Duane Carlson
ECHO sadly marks the passing of the Rev. Duane Carlson on May 17. He was one of our organization’s visionary founders, a tireless advocate of ECHO’s mission and an active volunteer. We extend our deepest sympathy to his wife, Alice (who was also a founder), and his family. Our condolences also go to the thousands of people whom he served as a pastor, a friend, an advisor, and an example of community service.

Stamp Out Hunger Food Drive in May Big Success
Thanks to the Burke and Springfield Letter Carriers and their generous patrons, the Stamp Out Hunger Food Drive in May yielded the largest one-day donation of food in ECHO’s history—more than 26,000 pounds which will serve ECHO’s food distribution needs for several months.

Hygiene Supplies Needed
We still need personal hygiene items such as soap, razors, deodorant, shaving cream, toilet tissue and shampoo for the families we assist.

Accepting School Supply Donations for 2015-16
While June means End of School for students and teachers, ECHO is gearing up for Back to School by collecting and preparing backpacks full of grade-appropriate school supplies for children in need in our community. You can help by donating ruled paper, pencils, graph paper, protractors, scissors, glue, small dictionaries, simple calculators and new or gently-used backpacks. The full list of needs is on the website, www.echo-inc.org <http://www.echo-inc.org>.

ECHO Hours and Location
Donations are accepted on weekdays between 9:30 a.m. and 12:30 p.m., and on Tuesday, Wednesday, and Thursday evenings between 7 and 9 p.m. at 7205 Old Keene Mill Road, Springfield. Receipts are always offered.
Mulch Available at Kirkwood
Our neighbor, Kirkwood Presbyterian Church, recently received a large donation of chipped wood mulch. This donation is more than they can use and have shared that if anyone in the congregation can put it to use it is available at no cost. Feel free to stop by their parking lot and haul away what you need.

jennie.smith@poplc.org
703-451-5855

Haiti Village of Hope Christmas Gifts
As in previous years, POP is providing a holiday gift to the students at the VOH School. This year we are buying New Testaments that have been translated into Creole (the Haitian language) for the children. The total cost is $370. If you care to support this wonderful cause, please donate as your heart desires by making out a check payable to “POP Mission Haiti Fund” with “VOH Haiti Gifts” in the memo line. You may drop it in the offering plate or give it to Tiffany Sears in the office. God Bless you for your continued support!

Jim Roberts
202-286-5001
JMRoberts3@hotmail.com

Help Care for Prince of Peace Grounds
Teens, singles, couples, families: Please adopt one section of PoP grounds to keep it looking good this summer and fall. About every 2-3 weeks look it over, pull weeds, prune and mulch as needed. E-mail PoP Grounds "worker bee" Linda Ethington or give her a call to volunteer and choose your "plot." All the PoP community thanks YOU for improving our grounds. Some plots are:

1. Picnic grounds
2. North bldg beds
3. Giant fence beds
4. First Lily bed - Boriaks
5. Lower bed by bank
6. Front sign and woods area
7. Old Keene Mill sidewalk beds
8. Flower & Nandina bed in lower parking - Margie Haack
9. Rose bush hill & flowers
10. Office door/driveway beds
11. Kitchen window beds (esp. prune)
12. Back door beds by picnic area

Linda Ethington, 703-455-6007, wee2@cox.net
Luncheon Celebration of San Mateo Ministry at Commerce Street

On June 16th, following the year’s completion of the English as a Second Language (ESL) classes, a luncheon was held to celebrate the Project San Mateo ministry at the Springfield Family Resource Center (SFRC) on Commerce Street. Several ESL students and residents were in attendance, along with the ESL teachers, luncheon helpers from Prince of Peace and St. John’s Lutheran churches, Pastor Carl, and Pastor Campbell from St. John’s.

Since 2011, the covenant congregations of Hispanic Mission Development of Northern Virginia (Prince of Peace, St. John’s and Grace Lutheran churches) have operated Project San Mateo to help address human care needs in the Springfield Gardens apartment complex on Commerce Street in Springfield. Assistance was provided to individuals and families through a variety of outreach activities including ESL classes, community lunches, sewing classes, literacy classes and food and school supply donations. Funding for these activities was provided by the covenant congregations and a grant from Wheat Ridge Ministries.

After evaluating the assistance provided through Project San Mateo, it was decided earlier this year that it was time to pass this ministry on to others and redirect our efforts. Since then, we have located other community non-profits to provide these services in collaboration with Alternative House and their other community partners at the SFRC. The luncheon celebration marked the conclusion of the covenant congregations’ ministry through Project San Mateo.

Special Thank You to Volunteers
Thank you to everyone who has helped over the years to meet the needs of our Spanish-speaking neighbors at Springfield Gardens, especially our ESL teachers, our lunch servers, and those who have served on the Hispanic Mission Development Board (HMDB). A special thanks to Rob Winston, chairman of the HMDB, who has worked tirelessly with a servant heart to help our Hispanic neighbors in both the Springfield and Woodbridge communities.

“I tell you the truth, whatever you did for one of the least of these brothers of mine, you did for me.” Matthew 25:40

Plastic Bags for Haiti Project Completed
THANK YOU for collecting plastic grocery bags for my teaching project in Haiti. With the help of many hands from Women’s Ministry and a Boy Scout Patrol we collected 4,600 bags, cut them into loops, and packaged them for transport to Haiti.

We finished well ahead of our July 11-18 trip! Any bags you have collected can now be turned into your usual recycling place. I will provide photos of the crocheted mats we make from the plastic loops when I return from Haiti.

"Let my teaching fall like rain and my words descend like dew, like showers on new grass, like abundant rain on tender plants." Deut. 32:2

Liz Murphy, 703-313-9025, murphyzil@verizon.net
New to Prince of Peace?

Have you recently moved to this area and are interested in transferring your membership to Prince of Peace? Or, have you been attending here for some time and would like to know a little more about the ministries of Prince of Peace? Whatever the reason, you are welcome to join us at our next opportunity for newcomers – the DOORWAY class.

The DOORWAY class is a three-session gathering that provides an orientation to the mission, vision, values, staff, and ministries of Prince of Peace Lutheran Church. It allows you to meet other new members and current members of the church since it is led by pastors, staff and lay leaders.

The next DOORWAY sessions will be held on Sunday mornings, July 12, 19 and 26th from 9:45-10:45 a.m. in Room 21. Coffee and refreshments are provided, and nursery care for children ages two and younger is available in the church nursery in Room 22, just across the hall. Christian education classes for children ages three through high school will be offered downstairs during that time.

Please join us at these informative sessions and let us get to know you better!

lori stilman@poplc.org, 703-451-5855

Crescent Project Offers Leadership Kit for Small Groups

The leadership kit for Bridges: Christians Connecting With Muslims is now available for small group leaders at Prince of Peace. The study is six sessions and comes with DVDs. See box below.

Bridges also will be offered at Our Savior's Way in Ashburn, VA, beginning July 12 and ending August 16th.

Yvette Moy
(703) 455-1066
ymoy@crescentproject.org

“Bridges"Available on DVD in Church Office

Prince of Peace has purchased two study kits of the DVD Series, "Bridges: Christians Connecting with Muslims." This dynamic study features real-life stories, interviews, and practical teaching to aid Christians to connect with Muslims. It clears up the confusion surrounding Islam and helps the learner see Muslims as Jesus sees them. If you'd like to borrow a study kit for personal or small group use, please call the church office.

stacey.crosson@poplc.org, 703-451-5855
Faith Stories

Sharing your faith story is an integral component in living out your faith. Your individual story makes up the greater story—the story of God’s redeeming his people for himself. Our stories encourage other believers while God also uses them to reach those not yet connected to him.

- Shared information about our mission work in Haiti with a client that is interested in finding a mission to support.
- Shared my faith with multiple co-workers and my new boss in my new assignment.

You can share your stories by writing them in the “Friendship Folder” at any worship service, or post your story as a comment on the [http://popfaithstories.wordpress.com](http://popfaithstories.wordpress.com), or by sending an e-mail to tiffany.sears@poplc.org.

Mission Church Gifts

Just a reminder that the donation envelopes in the pews have a line named "Other" which can be used for gifts to new mission plants. For example, mark the "other" line on the envelope "NV" for "Nueva Vida," put in cash or a check written to Prince of Peace Lutheran Church, with Iglesia Luterana Nueva Vida on the memo line. The funds will be treated as a "pass through" offering via the Benevolence Fund.

Joyce Stuart
703-644-0580
j.stuart11@hotmail.com
Special Events

July 13  VBS Starts
July 22  Communications Forum
July 25  Josh Rusnak Celebration

If you’re not familiar with any of the events listed here, please don’t hesitate to contact us!
703-451-5855  frontoffice@poplc.org

Worship

Saturday, June 27
5:30p  Worship

Sunday, June 28
8:15a  Worship (Communion)
11:00a  Worship (NonCommunion)
11:00a  Jesus First Korean
11:00a  Grace Ethiopian
11:00a  S. Asian Church of Christ
12:30p  Grace Ethiopian
12:30p  Jesus First Korean
12:30p  S. Asian Church of Christ
5:30p  Nepalese Worship

Wednesday, July 1
7:30p  Grace Ethiopian Prayer Time

Saturday, July 4
5:30p  Worship

Sunday, July 5
8:15a  Worship (NonCommunion)
11:00a  Worship (Communion)
11:00a  Jesus First Korean
11:00a  Grace Ethiopian
11:00a  S. Asian Church of Christ
12:30p  Grace Ethiopian
12:30p  Jesus First Korean
12:30p  S. Asian Church of Christ
5:30p  Nepalese Worship

The master calendar can be found on our website at poplc.org/calendar

Regular Meetings

Monday, June 29
10:30p  Moms Club of Springfield
6:30p  TOPS
7:00p  Boy Scout Troop 1145
7:30p  Communion Training
8:30p  Men’s AA

Tuesday, June 30
7:00p  Waves Night

Wednesday, July 1
6:30p  Toastmasters

Thursday, July 2
7:00p  GEC BoSL
7:30p  ESL

Friday, July 3
Church Office Closed

Saturday, July 4

Bible Study

Saturday, June 27
6:45p  Bible Study

Tuesday, June 30
7:00p  Small Group

Wednesday, July 1
9:30a  “See Through the Scriptures”
7:00p  FUEL

Thursday, July 2
7:00p  Bible Study

Saturday, July 4
7:30a  Men’s Bible Study
7:30a  Women’s Bible Study
6:45p  Small Group

Music

Tuesday, June 30
7:00p  New Canticle

Wednesday, July 1
6:00p  Living Water